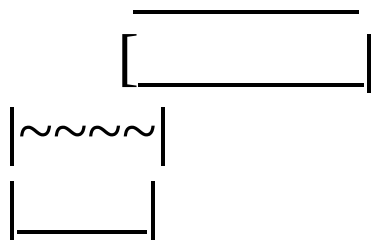


Recept "jlass" (j's glass)

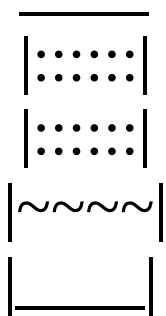
Ingredienser:

1. En tesked vanilj.
2. Fukt av dina favoriter.
3. Halv liter mjölk.
4. En deciliter socker.

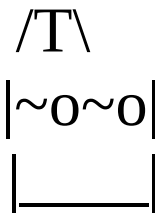
1. Häll in mjölk
2. Häll in frukter



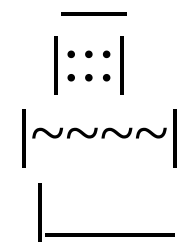
3. Häll in socker



4. Frys den i frysen i två timmar



4. Häll in vanilj



5. Ta ut och blanda i en halv minut.